

YOUNG WOMEN PERSONAL PROGRESS

Member Name: _____

Young Womanhood Recognition: _____

Date Joined: _____

Faith

- ___ F1-Learn About Faith From the Scriptures
- ___ F2-Learn About Faith of the Mothers of Helaman
- ___ F3-Present a FHE Lesson on the Principle of Faith (Complete 3 Below)
- ___ F4-Learn About Sacrament & Why We Partake of It
- ___ F5-Increase Understanding of Christ's Atonement
- ___ F6-Increase Understanding of the Plan of Salvation
- ___ F7-Learn About Tithing and Pay a Full Tithe
- ___ F8-Other Value Experience
- ___ F9-Other Value Experience
- ___ F10-Faith Value Project

Emblem Awarded: _____

Divine Nature

- ___ D1-List Divine Qualities of a Daughter of God
- ___ D2-Increase Appreciation of Womanhood
- ___ D3-Make Your Home Life Better
(Complete 3 Below)
- ___ D4-Memorize Sacrament Prayers/Record Experience
- ___ D5-Develop Pattern of Obedience
- ___ D6-Develop Your Divine Qualities
- ___ D7-Learn About Being a Peacemaker & Be an Example
- ___ D8-Other Value Experience
- ___ D9-Other Value Experience
- ___ D10-Divine Nature Service Project

Emblem Awarded: _____

Individual Worth

- ___ IW1-Read Scriptures on a Daughter of God
- ___ IW2-Importance of Planning and Preparation
- ___ IW3-Notice & Build Worthwhile Qualities in Others
- ___ IW4-Participate in Play or Other Performance
- ___ IW5-Visit Living Relatives & Learn Family History
- ___ IW6-Learn About Importance of Patriarchal Blessings
- ___ IW7-Learn About Special Gifts God Has Given You
- ___ IW8-Other Value Experience
- ___ IW9-Other Value Experience
- ___ IW10-Individual Worth Service Project

Emblem Awarded: _____

Knowledge

- ___ K1-Learn Importance of Gaining Knowledge of Gospel Principles
- ___ K2-List Talents and Develop Another Talent
- ___ K3-Memorize 2 Hymns & Learn Conducting & Conduct Them (Complete 3 Below)
- ___ K4-Study a Gospel Principle & Prepare Five Minute Talk
- ___ K5-Learn About a Field of Work
- ___ K6-Memorize 13th Article of Faith and Recite It
- ___ K7-Develop Skill of Storytelling and Share 2 with Family
- ___ K8-Other Value Experience
- ___ K9-Other Value Experience
- ___ K10-Knowledge Service Project

Emblem Awarded: _____

Choice And Accountability

- ___ CA1-Learn How to Use the Scriptures in Making Wise Decisions
- ___ CA2-Read For the Strength of Youth About Standards
- ___ CA3-Learn About Responsibilities and Blessings of Agency (Complete 3 Below)
- ___ CA4-Read About Repentance and Apply In Your Life
- ___ CA5-Learn How Holy Ghost Helps with Decision Making
- ___ CA6-Study the Young Women Theme & What it Teaches
- ___ CA7-Establish Wise Money Management
- ___ CA8-Other Value Experience
- ___ CA9-Other Value Experience
- ___ CA10-Choice And Accountability Service Project

Emblem Awarded: _____

Good Works

- ___ GW1-Serving Others is a Fundamental Gospel Principle
- ___ GW2-Serve Family by Preparing Meals for Two Weeks
- ___ GW3-Learn to Comfort & Help Others in Time of Need (Complete 3 Below)
- ___ GW4-Teach Lesson About Gospel Subject
- ___ GW5-Serve Another Person for a Month
- ___ GW6-Spend 3 Hours of Service Outside Home
- ___ GW7-Invite a Friend to Church Meeting or Activity
- ___ GW8-Other Value Experience
- ___ GW9-Other Value Experience
- ___ GW10-Good Works Service Project

Emblem Awarded: _____

Integrity

- ___ I1-Deny Yourself of All Ungodliness
- ___ I2-Develop Your Personal Integrity
- ___ I3-Study the Integrity of Individuals in Scriptures (Complete 3 Below)
- ___ I4-Interview Women About Integrity
- ___ I5-Learn About Standing as a Witness
- ___ I6-Live the Law of Fast and Fast with a Purpose
- ___ I7-List Problems That Weaken the Family
- ___ I8-Other Value Experience
- ___ I9-Other Value Experience
- ___ I10-Integrity Service Project

Emblem Awarded: _____